Governor Murphy’s multi-stage approach to reopening includes the following stages:

**STAGE 1**
Restrictions relaxed on low-risk activities if appropriately safeguarded.  
*New Jersey is currently in this stage, as postmark date 5/27/2020*

Phased-in businesses may include:
- Non-essential, but easiest to safeguard, work activities at physical locations if they meet safeguarding and modification guidelines. For example, non-essential construction with protections.
- Some non-essential retail may open with significant modifications. For example, curbside pickup.
- All workers who can work from home continue to work from home even if their industry is reopening. For example, an office manager for a construction company.
- Phased-in activities include State and county parks, non-essential construction, curbside retail, drive-in activities, beaches, and elective surgeries.

**STAGE 2**
Restrictions are relaxed on additional activities that can be easily safeguarded.

Phased-in businesses may include:
- More work activities are allowed at physical locations only if they adhere to safeguarding and modification guidelines. For example, work activities to be phased-in over the course of Stage 2 may include expanded retail, safeguarded restaurants with outdoor seating, limited personal care, and possibly indoor dining, museums, and libraries, all with significantly reduced capacity.
- All workers who can work from home continue to work from home. For example, a buying manager for restaurants.
- Some personal care services may be provided on a limited basis.

**STAGE 3**
Restrictions are relaxed on most activities with significant safeguarding.

Phased-in businesses include:
- More work activities, including in-person meetings, are allowed at physical locations only if they can adhere to safeguarding guidelines and modifications. For example, work activities to be phased-in over the course of Stage 3 may include expanded dining, critical in-office work, limited entertainment, expanded
personal care, and bars with limited capacity.
- All workers who can work from home continue to work from home. For example, accounting office workers.
- Personal care services may be provided on a more extended basis.
- Precautions that apply across all stages include:
  - Work that can be done from home should continue to be done from home.
  - Clinically high-risk individuals who can stay at home should continue to do so.
- All residents and businesses should follow state and federal safeguarding guidelines:
  
  - Wash hands
  - Wear masks in public
  - Respect social distancing
  - Minimize gatherings
  - Disinfect workplace and businesses
  - Minimize gatherings
  - No mass gatherings

New Jersey will move toward subsequent stages based on data that demonstrates improvements in public health and the capacity to safeguard the public, including:

- Sustained improvements in public health indicators, including new COVID-19 cases, hospitalizations, individuals in intensive care, and ventilator use.
- Substantial increase in testing and contact tracing capacity.
- Sufficient resilience in New Jersey’s health care system to include adequate bed capacity, ventilators, personal protective equipment, and workforce.
- Widespread safeguarding of workplaces.
- Widespread safeguarding and capacity of child care, schools, and transit.
- Continued public compliance.

If public health indicators, safeguarding, or compliance worsen on a sustained basis, New Jersey will be prepared to move back to more restrictive stages as well.

Before the state reopens, Murphy said four factors are key: a sustained drop in the curve, expanded testing, contact tracing, and safe places for people to isolate.

Outlined NJ Plan 6 principles for reopening New Jersey:
New Jersey General Public FAQ’a
The Road Back: Restoring Economic Health through Public Health

**Maximum restrictions**

**STAGE 1**

**STAGE 2**

**STAGE 3**

**New normal**

<table>
<thead>
<tr>
<th>What is happening?</th>
<th>Restrictions relaxed on low-risk activities that may be easier to safeguard</th>
<th>Moderate-risk activities restarted with safeguards</th>
<th>Higher-contact activities restarting with significant safeguards</th>
</tr>
</thead>
<tbody>
<tr>
<td>Non-crucial industries closed</td>
<td>Wash hands regularly</td>
<td>Respect social distancing</td>
<td>Disinfect workplaces</td>
</tr>
<tr>
<td>Clinically high-risk individuals who can stay at home should do so</td>
<td>Wear masks in public</td>
<td>Limit gatherings</td>
<td>No mass gatherings</td>
</tr>
</tbody>
</table>

**Which precautions apply across stages?**

- Wash hands regularly
- Respect social distancing
- Disinfect workplaces
- Limit gatherings
- No mass gatherings

**Which businesses are open?**

- Crucial industries with safeguarding and modifications, e.g., emergency healthcare, essential construction with social distancing
- Easiest to safeguard work activities with safeguarding and modifications, e.g., non-essential construction with protections, curbside retail
- More work activities allowed with safeguarding and modifications, e.g., outdoor dining, limited personal care
- Most work activities allowed at physical locations with safeguarding & modifications

**Which social activities are allowed?**

- Socialization only with household members, family, care-takers, romantic partner
- Only leave home for limited reasons such as essential shopping and exercise
- Outdoor recreation (e.g., hiking) and beach visits allowed with social distancing
- Other limited activities may be allowed with significant restrictions, e.g., drive-in activities
- More activities with proper safeguards, capacity limitations, and sanitation protocols may reopen, e.g., libraries and museums
- Higher-density settings may be considered with safeguards, e.g., limited entertainment, bars with limited capacity

**Are childcare and education operating?**

- Child care open for children of essential workers
- K-12 and higher education engaged in distance learning
- Child care may expand with capacity restrictions
- K-12 and higher education engaged in distance learning
- Child care may expand with capacity restrictions
- Potential for in-person learning with modifications in K-12 and higher education
- Summer school and summer camps may have limited in-person engagement of health conditions improve
- Child care likely open for most
- K-12 and higher education may operate in person with reduced capacity
- Day and summer camps likely open for all with safeguards and modifications

**Is public transit available?**

- Public transit with enhanced safeguards (e.g., regular vehicle disinfection) encouraged only for essential workers
- Service may be modified with off peak travel encouraged
- Personal protection measures, e.g., social distancing, face coverings
- Public transit with enhanced safeguards (e.g., regular vehicle disinfection) encouraged only for those who cannot work from home
- Service may be modified with off peak travel encouraged
- Personal protection measures, e.g., social distancing, face coverings
- Public transit with enhanced safeguards (e.g., regular vehicle disinfection) is no longer discouraged for any passengers
- Service may be modified with off peak travel encouraged
- Personal protection measures, e.g., social distancing, face coverings
- Public transit with enhanced safeguards (e.g., regular vehicle disinfection) is no longer discouraged for any passengers
- Service may be modified with off peak travel encouraged
- Personal protection measures, e.g., social distancing, face coverings

**How do I take care of my loved ones and myself?**

- I stay at home as much as possible and check in virtually with my loved ones
- When I have to go outside, I wear a mask and stay 6 ft away from others
- I call a doctor in the event of fever, cough, or shortness of breath
- I continue to stay at home for the majority of my time
- I engage in small social activities with a limited circle of friends and family
- I can engage in some outdoor activities with social distancing
- I call a doctor in the event of fever, cough, or shortness of breath
- I follow all safety guidelines posted in public spaces, e.g., I anticipate and respect capacity limits at my local restaurants
- I call a doctor in the event of fever, cough, or shortness of breath
- Compliance of individuals and employers

**WHAT DRIVES STAGES?**

- Health Indicators: New cases, hospitalizations, use of ICU, use of ventilators
- Availability of testing and contact tracing capacity per 100,000 residents
- Healthcare system resiliency (beds, health workers, PPE)
- Ability to effectively safeguard workplaces
- Safeguarded child care, education, transit availability
- Compliance of individuals and employers

**As of 5/27/2020**