⚜️ Cub Scout Camping Safety & Essentials Worksheet

Scout Name: _____

Den (Tiger/Wolf/Bear/Webelos): _____

🎒 Phase 1: The 6 Cub Scout Essentials

Before heading out on a hike or setting up camp, every Cub Scout must have these six items in their backpack. Check them off as you pack them!

- [ ] **1. First Aid Kit:** A small, personal kit with bandages, antiseptic wipes, and medical tape for minor cuts and scrapes.
- [ ] **2. Water Bottle:** Filled with clean water. (Never drink from streams or lakes without an adult filtering it first!).
- [ ] **3. Flashlight or Headlamp:** To help you see in the dark. *Tip: Check that the batteries work before you leave home!*
- [ ] **4. Trail Food:** A high-energy snack like granola bars, trail mix, or dried fruit in case you need a boost of energy.
- [ ] **5. Sun Protection:** Sunscreen and a hat or sunglasses to protect your skin and eyes.
- [ ] **6. Whistle:** For emergency use only. If you get separated from your den, **3 sharp blasts** means *"I need help."*

🏕️ Phase 2: Cub Scout Campsite Rules

A Scout is obedient and alert. Walk the campsite with your Den Leader or parent and check these off.

- [ ] **The Buddy System:** I will **never** go anywhere—the bathroom, a trail, or another campsite—without my assigned Buddy.
- [ ] **The "Campsite Perimeter":** My leaders showed me the boundaries. I know exactly how far I am allowed to go before I must stop.
- [ ] **The 3-Foot Fire Circle:** I will stay at least three big steps away from the campfire ring unless a leader or parent is actively supervising me.
- [ ] **Tent Rules:** No open flames, matches, or lighters inside a tent. I will keep the tent door zipped tightly to keep out bugs and critters. No Food in tents.

🌲 Phase 3: Leave No Trace & Wildlife Safety

A Scout is kind to nature. Practice your outdoor ethics.

- [ ] **"Trash Goes in Trash Cans":** I will pick up all my garbage (and any extra trash I see) so we leave our campsite cleaner than we found it.
- [ ] **Do Not Feed Wildlife:** I will keep all food sealed up. Feeding wild animals makes them dependent on humans and can be dangerous.
- [ ] **"Leaves of Three":** I can identify poison ivy or oak, and I know not to touch plants I am unfamiliar with.

🚨 Phase 4: What to Do If You Are Separated

If you look around and cannot see your Den or your parent, don't panic! Follow these steps:

- [ ] **S.A.W. (Stay, Answer, Whistle):** I will stay in place. I will answer when called. I will whistle for help.
- [ ] **Hug-A-Tree:** I will stay right next to a nearby tree. Staying in one place makes it much easier for searchers to find me.
- [ ] **Use the Whistle:** I will blow my safety whistle 3 times in a row, wait, and repeat until help arrives. I will answer anyone calling my name by shouting back.

🌙 Phase 5: Nighttime Protocol

When the sun goes down, safety rules change.

- [ ] **Clear Paths:** Before it gets dark, I will help clear sticks, gear, and coolers away from the tent walkways so nobody trips. I will use a flashlight, lantern, or headlamp to see my way.
- [ ] **Night Buddies:** Even at night, the Buddy System is active. An adult or buddy must walk with me if I need to use the latrine.

🏅 Cub Scout Outdoor Pledge

"On my honor, I promise to follow these safety rules, look out for my buddy, and take care of the outdoors so that my Den can have a successful and safe adventure!"

Scout Signature: _____

Den Leader / Parent Initials: _____